

# Webcast: Grappling with the New Normal: Addressing Mental Health and Other Struggles when the Workplace is Remote

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The shift to remote work since early 2020 has presented a number of challenges to those in the legal industry, both as outside and in-house counsel. This presentation will discuss issues posed by remote work that may affect an attorney's ability to practice competently, including the effect on an attorney's mental health, their ability to connect with management, those they supervise, or with clients, and their ability to maintain confidentiality, and will cover what employers and firms can do to address these issues, as well as what we should be mindful of as we move towards a return to offices or a hybrid work structure. [View Slides](#) (PDF)

## Related People

[Megan Cooney](#)

[Tiffany Phan](#)

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**PANELISTS:** [Megan Cooney](#) is a Partner in the Orange County office of Gibson, Dunn & Crutcher. She is a member of the firm's Labor and Employment, Class Actions, and Litigation Practice Groups. Ms. Cooney's practice focuses on employment and class action litigation. She has represented employers in class actions, collective actions under the Fair Labor Standards Act, representative actions under the California Private Attorneys General Act, and individual actions in state and federal court alleging wage and hour violations, discrimination, retaliation, wrongful denial of benefits, harassment, and employment misclassification. Ms. Cooney has also represented clients in complex business litigation, including derivative lawsuits. [Tiffany Phan](#) is a litigation Partner in the Los Angeles office of Gibson, Dunn & Crutcher. Her practice focuses on labor and employment matters with experience in class action defense and complex employment litigation at both the trial and appellate levels. She has extensive experience litigating wage and hour class actions involving exemptions, pay equity, harassment, discrimination, meal and rest breaks, and employee reimbursements. She has also conducted many internal investigations into complaints regarding executive employees. She has experience in matters before the NLRB and spends significant time counseling and advising employers on preventive planning.

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